VŠEOBECNÁ FAKULTNÍ NEMOCNICE V PRAZE
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Neurologická klinika | Kateřinská 30, 128 08 Praha 2

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INFORMATION FOR RELATIVES

Dear Relatives,

We kindly ask you to answer personal questions about your loved one's life in the attached biographical anamnesis. Your responses will help us create an individualised care plan. This individual care plan is professionally referred to as basal stimulation, and its aim is to support the patient through the challenging period of hospitalisation, provide a sense of security, and encourage personal development. Research shows that the early initiation of basal stimulation is completely safe, and patients can only benefit from it. Along with the completed **Biographical Anamnesis** F-NEU-32, you may, if possible, include the following personal items, which we will gladly use during therapy:

- photographs of family, friends, pets (please write on the back who is in the photograph)
- drawings from children
- MP3/MP4 player with favourite music, spoken word recordings or a recorded message from family
- favourite perfume, aftershave, body lotion, etc.

These personal items will help evoke memories and experiences, and improve the patient's perception of their surroundings.

Please hand the completed biographical anamnesis and personal items to the attending nurse or physiotherapist.
If you have any questions regarding basal stimulation, please call the **Rehabilitation Department on telephone no.: 224 965 513**

Thank you in advance for your cooperation.
The Intensive Care Unit Team of the Neurology Clinic, General University Hospital in Prague